

RecoverYStation

Enabling the Community

Helping individuals live
the life they want...
despite disability or age



Do you wish you could throw a ball with the grandkids? Get out of the house? Drive to work? Cook a meal? Organise your day better? Achieve emotional wellness? Be gainfully employed? Stay connected with the community?

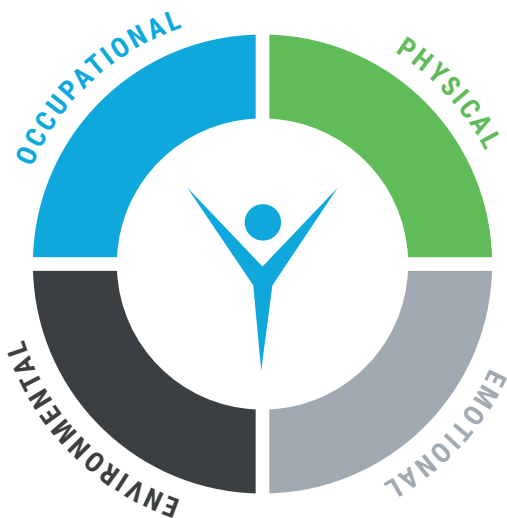
Ph: 1300 588 851
www.recoverystation.com.au

Home and clinic visits available

HUNTER - SYDNEY - CENTRAL COAST

OUR TEAM OF HEALTH PROFESSIONALS MAKING YOUR GOALS AND ASPIRATIONS A REALITY

OCCUPATIONAL THERAPY	PHYSIOTHERAPY
PSYCHOLOGY	SPEECH PATHOLOGY
CASE MANAGEMENT	CARE COORDINATION



Recovery Station offers fun and restorative individual and group interventions and programs. Services include:

- Driving assessment and vehicle modification
- Home modifications
- Assistive technology
- Wellbeing programmes
- Exercise programmes
- Communication
- Aquatic therapy
- Behaviour supports
- Social and living skills
- Chronic disease management
- Physical and cognitive rehabilitation